

Local resources, numbers and websites:

If you are in a crisis, or know someone who needs immediate help, do not hesitate. Call 911.

National Suicide Prevention Hotline 1-800-273-8255

Crisis Text Line: Text "HELP" to 741-741

Mental Health Practitioner Database

Connect2Help offers the 211 service if you simply need answers to questions and don't know where to turn.

Grieving: Ryan's Place, 574-535-1000 or <https://ryansplace.org/>

• Samaritan Health and Living Center Inc.: 574-262-3597 or <http://elkhartsamaritan.org/>

• Oaklawn: 574-533-1234 or <http://oaklawn.org/>

• Heart City Health: 574-293-0052

Websites:

- [Elkhart County Suicide Prevention Coalition](#)