



# JANUARY | 2019

## CIS Main Line Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 NO SCHOOL WINTER BREAK	1 NO SCHOOL WINTER BREAK	2 NO SCHOOL WINTER BREAK	3 NO SCHOOL WINTER BREAK	4 NO SCHOOL WINTER BREAK
7 Chicken Bites Corn Jurassic Park Grahams	8 Grilled Cheese Sandwich Tomato Soup Whole Wheat Crackers	9 Chicken Taco Lettuce, Cheese, Chips & Salsa	10 Tenderloin Sandwich Baked Beans Doritos	11 Pizza Breadsticks Green Beans Marinara Sauce Ice Cream Sandwich
14 Popcorn Chicken Mixed Vegetables Chocolate Chip Muffin	15 Lasagna Caesar Salad Garlic Bread Fruit Snacks	16 Grilled Chicken & Bacon Sandwich Tater Tots	17 Baked Potato Broccoli Bacon & Cheese French Toast Goldfish	18 Mexican Pizza Refried Beans Cheetos Trax
21 NO SCHOOL Dr. Martin Luther King Jr. Day	22 Mini Corndogs Baked Beans Scooby Doo Grahams	23 Soft Taco Lettuce, Cheese, Chips & Salsa	24 Chicken Nuggets Green Beans Blueberry Muffin	25 Pepperoni Stuffed Crust Pizza Corn Fudge Bar
28 Chicken Strips Green Beans Mini Honey Grahams	29 Cheese Quesadilla Black Beans Chips & Salsa	30 French Toast Sticks Smoked Sausage Links Tater Tots	31 Orange Chicken Mixed Vegetables Rice Fortune Cookie	1 Mozzarella Breadsticks Marinara Sauce Glazed Carrots Rice Krispie Treat

### News

We offer 3 meal choices in our cafeteria which include Main, Alternative (hot sandwiches and cold subs or PB&J) and a full salad bar. Each line is the same price.

Lunch Prices  
Paid \$2.30  
Reduced \$.40  
Adult \$3.50

\*All meals include milk and a variety of fresh fruits and vegetables!

This Institution is an equal opportunity employer.