

School Counselor's Lesson

Guidance Topics

K-4

Kindergarten

Off to school (first month of school)

Get to know counselor

Missing family/home

Personal Best

Emotions

Celebrating diversity

Personal Space

Regular Lessons

Bullying

Self –control

Strangers

Tattling vs important telling

Responsibility & dependability

Sharing

Careers

Cooperation, perseverance & being polite

Anger management/impulsivity

Mistakes are for learning

Empathy

Child Abuse Prevention *

Decision making : helpful vs harmful
Resolving Conflict
Reducing Anger

1st Grade

Bullying

Listening

Anger management/emotional self-control

Child Abuse Prevention *

Feelings and Empathy

Personal Responsibility

Conflict Resolution

Diversity

Careers

Mistakes are for learning

Tattling

Using kind words

2nd Grade

Bullying

Self-Esteem

Tattling vs. Telling

Careers

integrity

Conflict Resolution
Child Abuse Prevention *
Anger Management
Assertiveness
Handling teasing
Respecting others
Goal Setting

3rd Grade

Bullying
Anxiety/worry
Successful student behaviors
Assertiveness
Emotional Self-Control
Listening/paying attention
Child Abuse Prevention *
Empathy
Diversity
Conflict resolution
Positive communication
Compassion/making friends
Problem Solving
Negative peer pressure/Exclusion

4th Grade

Bullying

Assertiveness

Diversity-appreciating differences

Compassion & Empathy

Child Abuse Prevention *

Anxiety

Conflict resolution

Positive participation/joining in

Emotional Management (self-control)

Handling Put downs-avoid jumping to conclusions

Problem Solving

Personal responsibility

Transition –Who moved my Cheese?

Learning behaviors & learning styles

***a parent may:**(1) examine and review the model educational materials before the materials are taught; and (2) decide if the parent's child will be instructed with the model educational materials.(f) If a parent decides that the parent's child may be taught using the model educational materials, the parent shall notify the school of the parent's decision in writing or electronically