

School Counselor's Lesson

Guidance Topics

K-4

Kindergarten

Off to school (first month of school)

Get to know counselor

Missing family/home

Personal Best

Emotions

Celebrating diversity

Personal Space

Regular Lessons

Bullying

Self-control

Strangers

Tattling vs important telling

Responsibility & dependability

Sharing

Careers

Cooperation, perseverance & being polite

Anger management/impulsivity

Mistakes are for learning

Child Abuse Prevention *

Decision making : helpful vs harmful

Resolving Conflict

Reducing Anger

1st Grade

Bullying

Listening

Anger management/emotional self-control

Child Abuse Prevention *

Feelings and Empathy

Personal Responsibility

Conflict Resolution

Diversity

Careers

Mistakes are for learning

Tattling

Using kind words

2nd Grade

Bullying

Self-Esteem

Tattling vs. Telling

Careers

integrity

Conflict Resolution

Child Abuse Prevention *

Anger Management

Assertiveness

Handling teasing

Respecting others

Goal Setting

3rd Grade

Bullying

Anxiety/worry

Successful student behaviors

Assertiveness

Emotional Self-Control

Listening/paying attention

Child Abuse Prevention *

Empathy

Diversity

Conflict resolution
Positive communication
Compassion/making friends
Problem Solving
Negative peer pressure/Exclusion

4th Grade

Bullying
Assertiveness
Diversity-appreciating differences
Compassion & Empathy
Child Abuse Prevention *
Anxiety
Conflict resolution
Positive participation/joining in
Emotional Management (self-control)
Handling Put downs-avoid jumping to conclusions
Problem Solving
Personal responsibility
Transition –Who moved my Cheese?
Learning behaviors & learning styles

5th Grade

Bullying

Conflict Resolution

Assertiveness

Emotional Self-Regulation

Growth Mindset-Self talk

Child Abuse Prevention *

Celebrating Differences

Careers/Personality Profile

Learning Styles/multiple intelligences

School success skills

6th Grade

Bullying

Conflict resolution

Grit- resilience & persistence

Grief

Child abuse prevention *

High school diplomas & College degrees

Monthly Budget – as adult

Career Clusters-interest inventories

Career exploration

College exploration

***a parent may:**(1) examine and review the model educational materials before the materials are taught; and (2) decide if the parent's child will be instructed with the model educational materials.(f) If a parent decides that the parent's child may be taught using the model educational materials, the parent shall notify the school of the parent's decision in writing or electronically