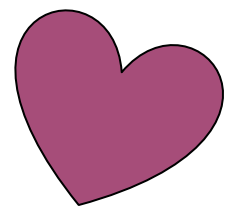


February

2017



LET US CELEBRATE!

In February, we honor the history and contributions of African Americans. The theme for Black History Month in 2017 is “*The Crisis in Black Education*”. Parents and grandparents, please join us throughout the month as we read and learn about the African American culture and history. If you are interested in participating, please contact Mr. Donlon at 293-2531 today.

IMPORTANT REMINDER:

We WILL have school on Friday, February 17th to make up for the snow day we had on Monday, December 19th.

School will be CLOSED on Monday, February 20th for Mid-Winter Break.

CONGRATULATIONS to our West Side Science Fair WINNERS!!

BEST OF SHOW:

1st & 2nd Grade - Paola Garcia 3rd & 4th Grade - D'Andre White

In the 1st & 2nd Grade Category:

Bridger Nagy, Alex Rodriguez, Paola Garcia, Valeria Garcia, Alex Oropeza

In the 3rd & 4th Grade Category:

Nina & Ella Larson, D'Andre White, Atzhiri Marquez, Jayden Densmore, Roberto Rodriguez-Shepherd

*All are invited to move on to the **Regional Science and Engineering Fair** at Notre Dame on Saturday, March 4th. GOOD LUCK - we wish you the best!*



Spring Picture Day

Tuesday, February 22nd.
More information will be sent home soon.



Reminder

Safety Begins Here

SAFETY REMINDER

When visiting CWS, please know that our office staff will ask you “how we can help you” and may ask for ID or who your student is. This is only to ensure the safety of your children and our staff. Also, please remember when dropping off and picking up, you may ONLY turn right into the EAST parking lot and go around the perimeter of the parking lot.

With the Winter weather, comes cold temperatures and snow, and it's that time of year for 2-hr delays and school cancellations. In either of those situations, you will be notified by an automated “All Call” from the school system. PLEASE make sure that our office has your most current phone number so that we can keep you up-to-date.



NEED SHOTS?



The Elkhart County Health Dept. is having walk-in Immunization clinics for school aged children.

Where: 608 Oakland Ave., Elkhart
When: Thursday, February 16
Thursday, March 16
Time: 8:30-11:00 AM & 1:00-3:00 PM
Cost: \$10.00 per shot

Call 574-523-2283 for more information

TESTING ANXIETY

At the end of February we will begin ISTEP+ testing. For some students, ISTEP+ comes with anxiety. One of the best ways to combat testing anxiety is to be prepared:

1. *Get a good night's rest.*
2. *Eat a good breakfast in the morning.*

If test anxiety occurs during the test:

1. *Engage in deep breathing; breathe in deeply through the nose counting slowly to three. Hold the breath for a moment then exhale counting to four. Repeat until you feel calmer.*
2. *Squeeze your hands together; close your eyes and rub your forehead; then rub your legs. Repeat this five times.*
3. *Engage in positive self-talk. Instead of saying “I'm going to fail this test” say “I can do this!”*

Practicing these at home in a calm environment will help your child be able to use these strategies during the test if they are needed.