

## School Counselor Taught Guidance Topics

K-4

Kindergarten

Off to school (first couple weeks of school)

Get to know counselor

Missing family/home

Personal Best

Emotions

Celebrating diversity

Personal Space

Regular Lessons

Bullying

Self –control

Strangers

Tattling vs important telling

Responsibility & dependability

Sharing

Careers

Cooperation, perseverance & being polite

Anger management/impulsivity

Mistakes are for learning

Child Abuse Prevention \*

Decision making : helpful vs harmful  
Resolving Conflict  
Reducing Anger

### 1<sup>st</sup> Grade

Bullying

Listening

Anger management/emotional self-control

Child Abuse Prevention \*

Feelings and Empathy

Personal Responsibility

Conflict Resolution

Diversity

Careers

Mistakes are for learning

Tattling

Using kind words

### 2<sup>nd</sup> Grade

Bullying

Self-Esteem

Tattling vs. Telling

Careers

integrity

Conflict Resolution

Child Abuse Prevention \*

Anger Management

Assertiveness

Handling teasing

Respecting others

Goal Setting

### 3<sup>rd</sup> Grade

Bullying

Anxiety/worry

Successful student behaviors

Assertiveness

Emotional Self-Control

Listening/paying attention

Child Abuse Prevention \*

Empathy

Diversity

Conflict resolution

Positive communication

Compassion/making friends

Problem Solving

Negative peer pressure/Exclusion

#### 4<sup>th</sup> Grade

Bullying

Assertiveness

Diversity-appreciating differences

Compassion & Empathy

Child Abuse Prevention \*

Anxiety

Conflict resolution

Positive participation/joining in

Emotional Management (self-control)

Handling Put downs-avoid jumping to conclusions

Problem Solving

Personal responsibility

Transition –Who moved my Cheese?

Learning behaviors & learning styles

#### 5<sup>th</sup> Grade

Bullying

Conflict Resolution

Assertiveness

Emotional Self-Regulation

Growth Mindset-Self talk  
Child Abuse Prevention \*  
Celebrating Differences  
Careers/Personality Profile  
Learning Styles/multiple intelligences  
School success skills

### 6<sup>th</sup> Grade

Bullying  
Conflict resolution  
Grit-resiliency & persistence  
Grief  
Child abuse prevention \*  
High school diplomas & College degrees  
Monthly Budget – as adult  
Career Clusters-interest inventories  
Career exploration  
College exploration

**\*a parent may:**(1) examine and review the model educational materials before the materials are taught; and (2) decide if the parent's child will be instructed with the model educational materials.(f) If a parent decides that the parent's child may be taught using the model educational materials, the parent shall notify the school of the parent's decision in writing or electronically